

The New Zealand School of Addictions

Outside the Box: Innovations in Addiction Treatment

1-3 March 2007
Auckland, New Zealand

Jubilee Building
545 Parnell Road
Auckland

Dealing with Gambling Issues in AOD Services – David Hodgins, Ph.D.

Individuals with substance use disorders often experience concurrent gambling problems. These problems are often interrelated with their substance use although treatment is often typically sequentially and by different agencies. This workshop will provide clinicians with knowledge and skills for dealing with gambling problems in Alcohol and Drug Services. Assessment and brief intervention strategies will be provided.

Participants will learn, via a mix of lecture-style presentation of concepts and principles and live and video taped demonstrations of strategies and techniques to:

- Understand etiological and treatment models of gambling disorders
- Assess gambling disorders in substance abusing individuals
- Provide brief interventions for gambling problems using a motivational enhancement and cognitive-behavioural framework
- Enhance client motivation to attend gambling specific treatment when warranted

Social Behaviour and Network Therapy – Gillian Tober, Ph.D.

This new treatment is based on the principle that change in addictive behaviours can be initiated, supported and maintained by a positive network of concerned people who are willing and able to provide an environment in which change is possible. The treatment involves recruiting the network, agreeing the treatment goal, addressing communication and coping responses in the network to facilitate the provision of support for change and developing a network based relapse prevention and management plan. The treatment is present and future oriented and designed to facilitate a network which will endure, regenerate itself and seek its own support for the future.

Participants will learn to adapt their motivational interviewing, cognitive behavioural and network therapy skills to deliver this treatment in which the therapist is a task oriented team leader and an active agent for change. Particular attention is paid to recruiting a network, deciding a treatment goal and making plans for different sorts of network support.

Motivational Approach to Working with Co-Existing Disorders – Allan Zuckoff, Ph.D.

This workshop is open to people who have had previous training and practice with MI. Participants will learn through presentation of concepts and principles, live and videotaped demonstrations, and role-play practice to:

- Conceptualise and assess motivation for change and motivation for treatment as dimensions of clinical motivation
- Conduct an “engagement interview” to strengthen depressed or anxious clients’ initial commitment to treatment
- Clarify the treatment agenda with clients with co-existing disorders
- Engage clients into fuller participation in behavioural, interpersonal, or experiential therapy activities
- Improve medication adherence in clients with mental health disorders
- Address substance use problems in the context of mental health symptoms
- Intervene with clients at risk for dropping out of treatment prematurely

DAVID HODGINS, PH.D.

Dr David Hodgins is currently the Director, Program in Clinical Psychology and Professor, Department of Psychology, University of Calgary. He also has an adjunct appointment with the Faculty of Medicine and is a practicing clinical psychologist. From 1989-2001 he worked at the Addiction Centre at Foothills Medical Centre, a dual diagnosis program. His research publications and clinical work are in the area of recovery from addictions. His brief treatment approach for problem gamblers involving self-help and telephone support has been recognized as a promising treatment by the United States Substance Abuse and Mental Health Administration. In 2006, Dr. Hodgins received the Research Award from the US National Council on Problem Gambling.

GILLIAN TOBER, PH.D.

Gillian Tober PhD is Honorary Consultant in Addiction Psychology and Head of Training at the Leeds Addiction Unit, and Associate Lecturer at the University of Leeds. Her research is in training and the process of treatment delivery, the effectiveness of addiction treatment, and the nature and measurement of substance dependence. She has practised and trained professionals in motivational interviewing and cognitive behavioural approaches for over twenty years, and more recently has practised and trained professionals in Social Behaviour and Network Therapy. As Principal Investigator for Training in the United Kingdom Alcohol Treatment Trial, she was responsible for the training and supervision of trial therapists in both trial treatments across all the clinical sites throughout the study. She has published book chapters and papers on training and the delivery of addiction treatment. Her clinical work includes development of and supervision in the use of treatment manuals. She is the President of the Society for the Study of Addiction.

ALLAN ZUCKOFF, PH.D.

Dr Allan Zuckoff is Assistant Professor of Psychiatry, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, Pennsylvania, USA. Dr. Zuckoff specialises in development and testing of adaptations of motivational interviewing for treatment adherence, and in the treatment of co-existing disorders. A member since 1998 of the international Motivational Interviewing Network of Trainers (MINT), and editor since 2004 of its online periodical *MINT Bulletin*, Dr. Zuckoff has conducted over 100 trainings in MI throughout the USA and Canada. In the past ten years he has directed clinician training and supervision in studies of MI for adults with mood and substance use disorders, depressed mothers and pregnant women, adults with OCD, men at high risk for HIV, and adolescent girls at risk for pregnancy and STD's. He has also integrated MI into a structured treatment for adults with complicated grief and substance use disorders. Dr. Zuckoff is co-author of the book *Improving Treatment Compliance: Counseling and Systems Strategies for Substance Abuse and Dual Disorders*, the chapter "Motivational Interviewing and Treatment Adherence" in the second edition of Miller & Rollnick's *Motivational Interviewing: Preparing People for Change*, and a number of related articles, chapters, and treatment manuals.

Venue

**Jubilee Building
545 Parnell Rd
Parnell, Auckland**
www.parnell.org.nz

SCHEDULE

**The NZSA
is limited
to 120
people!**

DAY ONE	
8:00 – 8:45	Registration
9:00 – 9:30	Mihi
9:30 – 10:00	Opening Remarks
10:00 - 10:30	Morning Tea
10:30 – 12:30	Workshops
12:30 – 1:30	Lunch
1:30 – 2:10	Plenary: Dr David Hodgins
2:10 – 3:00	New Zealand Focus - Plenary
3:00 – 3:30	Afternoon Tea
3:30 – 5:00	Workshops
DAY TWO	
9:00 – 10:00	Workshops
10:00 - 10:30	Morning Tea
10:30 – 12:30	Workshops
12:30 – 1:30	Lunch
1:30 – 2:10	Plenary: Dr Allan Zuckoff
2:10 – 3:00	New Zealand Focus – Plenary
3:00 – 3:30	Afternoon Tea
3:30 – 5:00	Workshops
DAY THREE	
9:00 – 9:40	Plenary: Dr Gillian Tober
9:40 – 10:15	Roundtable - Plenary <i>Drs. D. Hodgins, G. Tober & A. Zuckoff</i>
10:15 - 10:30	Morning Tea
10:30 – 11:30	Workshops
11:30 – 12:00	Closing

Delegates can attend two of the three workshops, each workshop is 4.5 hours long. In the event one of your choices is not available, you will be placed in the remaining open workshop.

Workshop registration is on a first registered first placed basis.

The 2007 NZSA is a stand-alone, not for profit training event that is solely funded by registration fees. The NZSA does not accept funds from alcohol, tobacco or gambling industries.

Our primary aim is to support the professional development of health practitioners through providing high quality training at an affordable price.

REGISTRATION FORM – NZSA 1-3 MARCH 06

Please register me for two of the following:

**TAX
INVOICE**

**GST Invoice
89-787-939**

- | | | | |
|--------------------------|--|------------------|-----------------|
| <input type="checkbox"/> | Dealing with Gambling in AOD Services | | |
| <input type="checkbox"/> | Social Behaviour Network Therapy | | |
| <input type="checkbox"/> | Motivational Approach to Working with Co-existing Disorders | | |
| <input type="checkbox"/> | Early Bird registration (Registration received 15 October 06) | NZ\$325.00 + GST | \$ _____ |
| <input type="checkbox"/> | Full time Student registration (Student ID required) | NZ\$275.00 + GST | \$ _____ |
| <input type="checkbox"/> | Regular registration (Registration after 15 October 06) | NZ\$375.00 + GST | \$ _____ |
| | TOTAL | | \$ _____ |

Price includes morning tea, lunch and afternoon tea



PLEASE PRINT CLEARLY

Name: _____

Postal Address: _____

City: _____ State: _____ Country: _____

Post Code: _____ Contact Number: _____

Fax Number: _____

e-mail address: _____

Mobility and/or dietary requirements: _____

Please indicate (tick) method of payment:

I enclose a bank cheque (made out to PCMC) for amount of NZ\$ _____

Electronic Funds Transfer: 03 0318 0819905 25

PLEASE ENSURE NAME OF DELEGATE IS PROVIDED ON EFT

Venue

**Jubilee Building
545 Parnell Rd
Parnell, Auckland**
www.parnell.org.nz

In need of travel and accommodation assistance?

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Please mail/fax registration form and send payment to:

PCMC, Ltd.
PO Box 19174
Hamilton, New Zealand
Fax: +64 (0)7 859 3162

workshops@pacificcmc.com

FOR MORE WORKSHOP INFORMATION PLEASE CONTACT

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